



Ballarat G.C.O. Swim Club
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Newsletter

2011 - Issue 4

September

Ballarat Top 5 Meet 3 was well attended with 34 swimmers attending, and a wonderful effort of 68 PBs swum as follows: Riley 2, Connor 3, Phoebe 2, Chiara 2, Harrison 3, Jack 2, Monique 3, Amy 4, Louis 2, Rhiannan 2, Matt Mc 1, Rebecca 1, James 3, Jamie 3, Katelyn 2, Daniel 1, Raphael 3, Hannah 2, Callum 2, Liam P 3, Samuel 4, Lachlan 3, Mitchell 1, Kate 1, Matt S 2, Billy 2, Theresa 1,

Ballarat Top 5 – Meets 3 & 4



Darcy and Theresa with their Top 5 trophies



Hannah receives her Top 5 award

Darcy 2, Kelsie 3, & Alexandra 3

A great effort of 55 PBs was achieved at Meet 4. Personal bests were as follows: Riley 2, Connor 4, Lauren 2, Chiara 2, Harrison 3, Monique 2, Amy 1, Louis 1, Andrea 2, Rhiannan 2, Rebecca 1, Andrew 1, James 4, Daniel 3, Raphael 4, Callum 1, Liam P 1, Samuel 3,

Lachlan 2, Matt S 3, Theresa 2, Audrie 1, Darcy 1, Kelsie 3, & Alexandra 4.

Top 5 Final Standings

Congratulations to the following swimmers –

7 year boys: 1st Darcy
 7 year girls: 2nd Theresa
 9 year boys: 2nd Callum; 4th Mitchell
 9 year girls: 1st Audrie; 3rd Amy; 5th Hannah
 10 year girls: 3rd Rebecca

11 year boys: 4th Liam; 5th Lachlan
 12 year boys: 2nd Billy; 5th Harrison
 13 year boys: 1st Samuel; 3rd James
 14 year girls: 4th Chiara
 15 year boys: 1st Andrea; 3rd Daniel
 15 year girls: 2nd Monique; 5th Eleanor

Do you know how the "Top 5" swimmers are calculated? At the conclusion of the four meets, all swimmers are tallied from fastest to slowest, for every event. Any swimmer who has not competed in at least three meets is deducted from the group. Swimmers are then allocated points according to their places, for each age group and each event. 6 points for 1st, 4 for 2nd, 3 for 3rd etc down to 5th place, hence the "top 5".

Events coming up...

- 8-9/10/11 Wyndham City Annual LC Meet
- 30/10/11 GCO Club Day, Ballarat Uni
- 12/11/11 Victorian Country 7-10 Encouragement Meet, MSAC
- 19/11/11 Geelong Open, Kardinia
- 22/11/11 MDASA 800m event, Eureka Pool
- 29/11/11 MDASA 1500m event, Eureka Pool
- 4/12/11 Ballarat GCO LC Meet, Eureka Pool
- 21-23/1/12 Victorian 2012 Country LC Champs, Bendigo

Victorian Country Short Course Champs

Congratulations to the following 11 swimmers who qualified and competed at the Victorian Country Short Course Championships in Shepparton on the 13 & 14th of August – Riley, Connor, Chiara, Harrison, Monique, Andrew, Daniel, Liam P, Samuel, Matt S, and Billy. Great effort by all, with lots of PBs swum.



Local Swimming Info...

Victorian Country Long Course Champs 2012

Is there a chance your child may qualify for events? Have you booked your accommodation yet? Some GCO families are staying at Gold Nugget Top Tourist Holiday Park. Much of Bendigo is booked out, so please hurry if you haven't already booked.

T-shirts: A new supply of GCO t-shirts in various sizes have arrived. Please see Dee if you would like to purchase one.

New shelters purchased from funding

The club was successful in receiving a grant from Victorian Health for \$2,500. We are purchasing two shelters from Ibossa, 3m x 3m with side walls. They will be green, and include our club logo

Catering Officer: We are still in need of someone to fill this position. It isn't a huge role, but would help out our current committee enormously!

Rotary Club Raffle

We will be participating in this raffle again. Last year it was a good fundraising success for GCO. Is anyone available to sell tickets mid week? Phil or Liz are able to organise the car and venue, if you are happy to volunteer a few hours of your time. At the least, we hope you will be happy to take a raffle book to sell!

Swimmer Medical Forms

Please ensure that you have completed a health form for each child. These forms are vital to ensure that coaches have necessary information in case of emergency. Please email Liz at snibbo@southernphone.com.au for a copy of the health form, or ask a committee member.

Is your child registered with Swimming Victoria? All swimmers should be – see Virginia or a committee member if you need further information.

Victorian State Short Course Championships

Well done to Harrison, Samuel, Andrew and Billy who qualified for this high level event at MSAC.

Unfortunately Billy was unable to compete due to his broken arm. The boys all swam great times with mostly PBs.

Victorian State Open Short Course Championships

Congratulations to Brendan for qualifying for the Victorian State Open SC Champs. He swam fantastic times

finishing 8th in the 50 Breast, and 10th in the 100 Breast. What a wonderful achievement.



Team shot at Top 5, Meet 4 2011

Swimmer of the month Awards



June

Chiara D

Encouragement Awards:
Rhiannan L
Mitchell P

July

Samuel P

Encouragement Awards:

Lauren C
Kelsie W

August

Raphael M

Encouragement Awards:

Riley A
Liam P